

Support and Information Resources

ORGANIZATION	SERVICES/PROGRAMS	WEBSITE & CONTACT INFORMATION
AUTISM & NEURODIVERSITY RESOURCES		
Autism Society of the RMWB	At ASRMWB, we offer: - Adult Social Program - Camp Kids First - Caregivers Network - Education Inclusion Program - Life Skills - PEERS - Sensory Store - Social Respite - Transitioning to Adulthood (16+)	Phone: (587) 452-9334 Email: autismsupport@autismrmwb.org Link: https://autismrmwb.org
AIDE Canada	AIDE (Autism and/or Intellectual Disability Knowledge Exchange Network) is a national knowledge network that is committed to providing accurate, up-to-date, and useful information and resources to the people who need it.	Link: https://aidecanada.ca Contact: https://aidecanada.ca/connect/chat-with-us
Autism Calgary	Autism Calgary is an association of individuals and families living with autism spectrum disorder (ASD) striving to assist each other and the broader community so that those with ASD live meaningful and purposeful lives in a community that values them.	Phone: (403) 250-5033 Email: info@autismcalgary.com Link: https://autismcalgary.com
Autism Canada	Advocate for and support individuals with autism, their families and caregivers living in Canada.	Phone Numbers: Toronto: (647) 362-5610 Toll-Free: 1 (800) 943-1795 Link: https://autismcanada.org
Autism Society Alberta	Offer a wide range of services for Alberta's autism community. The Indigenous Relations Circle offers a wide range of culturally-relevant resources for Indigenous people living with or supporting an individual with autism.	Phone: 1 (877) 777-7192 Email: info@autismalberta.ca Link: https://autismalberta.ca Indigenous Relations Circle: https://autismalberta.ca/alliance/indigenous-relations-circle/

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Centre for Autism Services Alberta	The Centre for Autism Services Alberta is the largest accredited autism service provider in northern Alberta. Its mission is to provide comprehensive and innovative support and services to those living with autism.	Phone: Edmonton: (780) 488-6600 Calgary: (825) 210-9284 Link: https://centreforautismab.ca
Sinneave Family Foundation	The Sinneave Family Foundation is a charitable operating foundation, created in 2008 to address the challenges experienced by emerging adults on the autism spectrum. Located in Calgary, the foundation provides a variety of online resources and events.	Phone: (403) 210-5000 Toll Free: 1 (888) 733-7976 Email: info@sinneavefoundation.org Link: https://sinneavefoundation.org
DISABILITY RESOURCES		
Alberta Aids to Daily Living (AADL)	Alberta Aids to Daily Living (AADL) is a program that provides funding for medical devices for people with long-term disabilities, chronic illnesses, and terminal illnesses, so clients can live independently within their communities.	Phone: (780) 427-0731 Link: https://www.alberta.ca/alberta-aids-to-daily-living
Assured Income for the Severely Handicapped (AISH)	Assured Income for the Severely Handicapped (AISH) is a funding program from the Government of Alberta. The program helps adults who cannot maintain full-time employment with financial support. AISH can be used for housing, food, clothing & other basic needs.	Link: https://www.alberta.ca/aish
Augmentative & Alternative Communication Camp Alberta	AAC (Augmentative & Alternative Communication) Camp Alberta offers tools and strategies for individuals who cannot rely on speech to communicate.	Email: aaccamp@ualberta.ca Link: https://www.ualberta.ca/en/communications-sciences-and-disorders/speech-language-services/augmentative-and-alternative-communication.html
Birchwood Circle of Care	Provide services for children with complex needs. Multidisciplinary clinic offers Occupational Therapy, Psychology, Counselling and Speech and Language Pathology services.	Phone: (780) 607-8376 Link: www.birchwoodcoc.com
CONNECT Community Support Team	Multi-ministerial and multidisciplinary team. We are a partnership between AHS and PDD. AHS means Alberta Health Services. PDD means the Persons with Developmental Disabilities (PDD) program.	Phone: (780) 833-4323 Email: Connectcst@ahs.ca Link: www.albertahealthservices.ca/findhealth/service.aspx?id=1067017

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Family Supports for Children with Disabilities (FSCD)	The Family Support for Children with Disabilities (FSCD) Program provides a wide range of <u>family-centered</u> supports and services through the Government of Alberta.	Phone: (780) 645-6417 Link: www.alberta.ca/fscd
Hidden Disabilities Sunflower	Offer resources and support to those living with hidden disabilities.	Link: https://hdsunflower.com/ca/
NEAFAN	North East Alberta Fetal Alcohol Network (NEAFAN) is a FASD service network that enhances the supports in its region for those living with FASD.	Phone: (780) 750-6678 Link: https://neafan.ca
Persons with Developmental Disabilities (PDD)	PDD funds programs and services through the Government of Alberta to help adult Albertans with developmental disabilities to be a part of their communities and live as independently as they can.	Phone: (780) 645-6417 Link: www.alberta.ca/persons-with-developmental-disabilities-pdd
START (Start Today Achieve Results Tomorrow) program through the Salvation Army	Provides residential and community support services to people with developmental disabilities.	Phone: (780) 743-4135 Link: https://salvationarmy.ca/pranorth
FAMILY AND CAREGIVER RESOURCES		
Caregivers Alberta	Provides a variety of resources and supports for caregivers in Alberta.	Phone: (780) 453-5088 Toll-Free: 1 (877) 453-5088 Email: office@caregiversalberta.ca Link: www.caregiversalberta.ca
Fort McMurray Catholic School	K-12 Schooling	Phone: (780) 799-5700 Link: http://fmcschools.ca
Fort McMurray Public School District	K-12 Schooling	Phone: (780) 799-7900 Link: www.fmpsdschools.ca
McMan Youth, Family	To support and encourage individuals and families to achieve their full potential as members of their community.	Phone: (780) 743-9271 Link: www.mcman.ca

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Rapid Access Counselling	RAC offers free, single-session virtual counseling for caregivers with children under 18 and youth.	Link: https://rac.janeapp.com/#discipline/1/treatment/3
Support 4 Moms Society	To provide a safe venue for parents to build networks and share experiences in a positive, non-judgmental manner. To learn from and support peers.	Email: support4moms@outlook.com Support4moms can be reached by email or joining their private FB group. Link: www.support4moms.com
Taproot Community Support Services	Provides a range of supportive services tailored to meet individual and family needs.	Phone: 1 (800) 867-1987 Email: Info@taproot.ca Link: https://taproot.ca
The Children's Centre	Provides prenatal and postnatal supports, programs, and free snacks for families with children up to five years old: - Parent Toddler Program - Preschool Program - Nutrition Program	Phone: (780) 743-3309 Link: https://thechildrencentre.ca/about-us/
The Hub Family Resource Centre	The Hub Family Resource Centre (The Hub) is a comprehensive family services provider in the Regional Municipality of Buffalo. The Hub offers: - Circle of Security - Sensory Play - Triple P Parenting - Family Resource Navigation	Phone: (780) 743-9225 Link: https://thehubfrc.ca
YMCA of Northern Alberta	Provide a variety of community resources and programs, such as: - Accessible Childcare Options - Services for newcomers - Family Resilience Programs - Parenting Programs - Community Center in Eagle Ridge	Link: https://ymcanab.ca
GENERAL SUPPORTS & LOCAL RESOURCES		
Alberta Supports	Helping you find and apply for family and social support.	Phone: 1 (877) 644-9992 Link: www.alberta.ca/alberta-supports

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Alberta Health Services	Provide a variety of programs and interventions and support for a diverse range of individuals, including: - Early Childhood Intervention Program - Speech and Language Therapy - Physical Therapy - Occupational therapy - Nutrition Services - Audiologists	Phone: Early Childhood Intervention: (780) 788-6295 Speech, Language & Physical Therapy: (780) 788-1377 Links: Early Childhood Intervention: www.albertahealthservices.ca/findhealth/Service.aspx?id=7046&serviceAtFacilityID=1114825 Speech, Language & Physical Therapy: www.albertahealthservices.ca/findhealth/Service.aspx?id=7563&serviceAtFacilityID=1082231#contentStart www.albertahealthservices.ca/findhealth/Service.aspx?id=7406&serviceAtFacilityID=1001223
Bullying Canada	Network for people experiencing bullying. Provides support, resources, and education for families with the goal of ending bullying.	Email: support@bullyingcanada.ca Link: www.bullyingcanada.ca
Canadian Mental Health Association - Wood Buffalo	CMHA offers information, support, and services for your needs. They also run the Empowering Helpers and Caregiver Connection program.	Phone: (780) 743-1053 Email: operations@woodbuffalo.cmha.ab.ca Link: www.woodbuffalo.cmha.ca Empowering Helpers and Caregiver Connection: www.woodbuffalo.cmha.ca/programs/empowering-helpers/
Counselling Alberta	Counselling Alberta offers low-cost virtual counselling services with no waitlist and a sliding fee scale to accommodate the finances of individuals, couples, and families.	Phone: (833) 827-4230 Email: contact.intake@counsellingalberta.com Link: https://onlineintake.calgarycounselling.com/intakeform?brand=CA
Innovicares	Innovicares offers free prescription savings cards to assist Canadians in accessing medication.	Phone: 1 (877) 790-1991 Email: info@innovicares.ca Link: https://www.innovicares.ca/en/

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Multidisciplinary Intensive Treatment Services	MITs (Multidisciplinary Intensive Treatment Services) is a specialized program for children and youth ages 5–18 and their families. Provides treatment, navigation, and transition care to meet presenting addiction and mental health needs.	Phone: (780) 793-8360 24-Hour Helpline: 1 (877) 303-2642 Email: mits.area10@recoveryalberta.ca
Rocket Doctor	Rocket Doctor is a tech-driven digital health platform and marketplace dedicated to breaking down obstacles that limit quality, comprehensive, and cost-effective care.	Link: https://rocketdoctor.ca/rd-ab-booking/?utm_source=bing&utm_medium=cpc&utm_term=rocket%20dr&utm_campaign=AlbertaBrand&msclkid=4aabf579c2851532ef4b9c9e751c734e
RMWB Transit	RMWB Transit offers specialized transit services and on-demand bussing.	Specialized Transit: https://www.rmwb.ca/programs-and-services/transit/specialized-transit/ Transit on Demand: https://rmwb.ca/programs-and-services/transit/transit-on-demand/
Social Support Services	The Municipality provides social support services that offer a variety of preventative programs designed to enhance the well-being of individuals, families, and communities. All programs support and enhance the lives of our residents. Programs are available in both urban and rural parts of the RMWB.	Phone: (780) 743-7940 Toll-Free: 1 (800) 973-9663 Link: www.rmwb.ca/communities-and-neighbourhoods/community-services-and-social-support/social-support-services
Wood Buffalo Food Bank	Provides food assistance and services for those living with food insecurity.	Phone: (780) 743-1125 Email: info@wbfb.ca Link: https://woodbuffalofoodbank.com/programs/
Wood Buffalo Pride	Supporting the 2SLGBTQIA+ Community in Wood Buffalo with Pride.	Phone: (587) 646-6626 Email: info@wbpride.ca Link: https://wbpride.ca

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INDIGENOUS-CENTERED RESOURCES

Aunties Within Reach	Indigenous Care Providers includes an Auntie Resource Navigator, an Herbalist, Birthworkers, and Midwives committed to providing vital support to Indigenous communities in the Wood Buffalo Region.	Phone: (587) 604-0890 Email: info@auntieswithinreach.com Link: https://www.auntieswithinreach.com
Athabasca Tribal Council	Offers a variety of services for Indigenous peoples across Wood Buffalo County.	Phone: (780) 791-6538 Email: info@atcfn.ca Link: www.atcfn.ca/who-we-are
BearPaw Legal Resources	Department of Native Counseling Services of Alberta produces accessible, culturally relevant legal education resources to help Indigenous people navigate legal systems.	Phone: (780) 451-4002 Email: bearpawlegal@ncsa.ca Link: https://bearpawlegalresources.ca/contact-us
First Nations Health Consortium	Developed to improve access to health, social, and education services and supports to First Nations and Inuit Children in Alberta, on and off reserve.	Phone: 1 (844) 558-8748 Link: https://abfnhc.com
Indigenous Disability Canada	IDC/BCANDS (Indigenous Disability Canada/British Columbia Aboriginal Network on Disability Society) is an Indigenous organization that offers disability programs and services for FNMI (First Nations, Métis, and Inuit) peoples nationwide.	Phone: 1 (888) 815-5511 Ottawa Region: (613) 899-6893 Vancouver Region: (250) 381-7303 Email: bcands@bcands.ca Link: www.bcands.bc.ca
Indigenous Inclusive Education	Indigenous-owned organization dedicated to providing resources, supports, and tools for families and children.	Email: info@indigenousinclusive.com Link: https://indigenousinclusive.com

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Jordan's Principle	Ensures all First Nations children living in Canada have access to the products, services, and supports they need, when they need them.	Phone: 1 (855) 572-4453 Email: sac.jordansprincipleab-principedejordan.isc@canada.ca Link: https://www.sac-isc.gc.ca/eng/1568396042341/1568396159824
RESOURCES FOR ACCOMMODATIONS & ACCESSIBILITY		
Access 2 Card	Access 2 assists individuals with permanent disabilities in accessing activities across Canada by providing discounted or free admission for their caregiver or support person.	Phone: 1 (416) 932-8382 Toll-Free: 1 (877) 376-6362 Email: access2card@easterseals.ca Link: https://access2card.ca
Air Canada	Air Canada may offer free or reduced travel fares to support persons of people living with disabilities.	Phone: 1 (800) 667-4732 Link: https://www.aircanada.com/ca/en/aco/home/plan/accessibility/support-person.html#/
Angel Flight Alberta	Organization of volunteer pilots, aircraft owners, and ground support that assist people in getting to and from medical appointments at no cost to the patient or family.	Phone: (780) 756-0086 Email: info@angelflightab.ca Link: https://www.angelflightab.ca
McDonald Island Day Pass	Free day passes to Mac Island Park's recreational activities are offered to library cardholders on a first-come-first-serve basis.	Phone: Wood Buffalo Regional Library: (780) 743-7800 Mac Island Park: (780) 971-0070 Mac Island Toll-Free: 1 (888) 281-6477 Link: Regional Library: https://wbrl.ca Mac Island: https://macdonaldisland.ca
Parking Placard	The Alberta Government offers Placards for individuals with disabilities to remove barriers of distance from parking locations by allowing Placard holders to use the designated spots, cutting down on walking travel distance for those with disabilities.	Phone: (780) 427-7013 Link: https://www.alberta.ca/get-parking-placard-people-disabilities

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Red Arrow	Red Arrow offers accommodations to individuals with disabilities needing a support person for travel by providing the support person with free seating. After filling out a Request for Attendant Seating form and it being accepted, it lasts for 2 years.	Phone: 1 (800) 232-1958 Link: https://www.redarrow.ca/before-you-go/
WestJet	WestJet may offer reduced or free fares for the support worker of a disabled individual.	Phone: 1 (866) 693-7853 Link: https://www.westjet.com/en-ca/help#companion-vouchers
Wood Buffalo You Can Ride 2	You Can Ride 2 Wood Buffalo has a free lending library of adapted bikes for children with disabilities.	Email: wbyoucanride2@gmail.com Link: https://www.facebook.com/woodbuffaloyoucanride2
SPORTS & RECREATION		
Camp Health, Hope, & Happiness	Camp He Ho Ha offers recreational programs for neurodiverse and disabled children and adults.	Phone: (780) 429-3277 Link: https://camphehoha.com/about_us/
Challenger Baseball	Challenger Baseball provides opportunities for children with physical & intellectual disabilities to play and enjoy baseball while catering to their needs and abilities through the FMMBA.	Email: inquiries@fmmba.ca Link: www.fmmba.ca/content/challenger-baseball
Fort McMurray Minor Hockey	FMMHA offers inclusive hockey programming within the community.	Phone: (780) 971-7358 Email: hockeyops@fmmha.com Link: https://www.fmmha.com/registration/?sfw=pass1781041522

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Hoop Heroes Inclusive Basketball	Hoop Heroes offers inclusive basketball programming for children living with disabilities aged 5-18.	Phone: (780) 792-7002 Email: hoopheroes0129@gmail.com Link: https://www.hoopheroesinclusive.com
KidSport Wood Buffalo	KidSport Wood Buffalo is a nonprofit dedicated to making organized sports accessible to all children in the area by providing financial assistance for equipment and fees.	Phone: (780) 370-1170 Email: woodbuffalo@kidsport.ab.ca Link: https://kidsportcanada.ca/alberta/wood-buffalo/events/
Special Olympics Alberta	Special Olympics Canada offers sporting & competitive opportunities for those living with developmental and intellectual disabilities across Canada.	Email: sowbchairperson@gmail.com Link: https://specialolympics.ab.ca/communities/wood-buffalo
Volt Hockey	Volt Hockey offers adaptive hockey services for individuals with varying disabilities in the community by using specially designed hockey sport chairs.	Email: jacey.gamroth@varietyalberta.ca Link: https://revenue-can.keela.co/volt-session-payments?fbclid=IwAR3TOAnR0rXZdwu5UGjy4vM1hwb-dNjebdCVKD9qs3brGY1-gA3Bgc2pWe0
William Watson Lodge	Offer year-round, barrier-free wilderness lodging and camping opportunities for Alberta's aging and disabled populations and their families.	Phone: 1 (403) 591-7227 Link: https://www.albertaparks.ca/parks/kananaskis/peter-lougheed-pp/information-facilities/special-facilities/william-watson-lodge
Wood Buffalo Recreation Support Program	WB Recreational Support Program reduces barriers impacting residents by offering affordable access to recreational activities to those eligible.	Phone: (780) 791-0070 Toll-Free: 1 (888) 281-6477 Email: info@rrcwb.ca Link: https://www.rrcwb.ca/wbrsp

*** The Autism Society of the RMWB does not support, endorse, or recommend any method, treatment, product, remedial center, program, service, or persons for people with autism or neurodiversity-related conditions. It will, however, endeavor to provide impartial information. ***