

YMM Mental Health Resources (Sept. 2023)

- ☛ **Annette Jim, R. Psych**
Wood Buffalo Therapy
Population: Parent-Child (6+), Individual, Couple, Family
annettejimcounselling@gmail.com | 780-881-7136
- ☛ **Dr. Berrin Tutuncuoglu, R. Psych**
BT Psychology
Population: Child & Youth (6+), Individual, Adults www.drberin.com | 587-276-4487
- ☛ **Chantal Seymour, R. Psych**
Family Life Psychology
Population: Family, Couple & Individual 12+
<http://familylifepsychology.ca> | 780-963-7451
- ☛ **Dr. Denise Mannell, R. Psych**
Mannell Psychological Consulting
Population: Child, Youth, Adult, Couple, Family, Trauma, Assessments, Supervision/Consultations (for psychologists)
www.denisemannell.com | 780-715-7211
- ☛ **Jamie Beaton, Registered Provisional Psychologist**
Population: Individual, Family, Children, Adult, Couple, Adolescent
www.jamiebeatonpsychology.com | 780 881-8865
- ☛ **Jennifer MacWhirter, R. Psych**
Wood Buffalo Therapy
Population: Child & Youth 6+, Individual, Couple, Family
jennifer@wbtherapy.com
- ☛ **Jillian Martin, R. Psych**
YMM Collaborative Practice
Population: Individual, Perinatal, Reproductive Mental Health
<https://www.ymmc Collaborativepractice.com/> | 587-452-1379
- ☛ **Katie Sauret, R. Psych**
Sauret Psychological Services
Population: Youth & Adult, Individual and Family
www.maxwellmedical.ca | 780-750-8684
- ☛ **Michelle Kardash, R. Psych**
New Horizon Counselling Services Ltd.
Population: Youth 12+, Adult, Couple
www.newhorizoncounsellingservices.ca | 780-804-7077
- ☛ **Natalie Doucette, R. Psych (English/Français)**
Population: Varied | Play Therapy, Assessment (Autism and Cognitive), Mental performance consulting (applied sports psychology) with specialization in post-concussion management
ndoucette.psychology@gmail.com
- ☛ **Natali Levasseur, R. Psych (English/ Français)**
Clinique Nouveau Depart
Population: Certified Coach in ADHD (specialization), Child, Youth, Adult, Couple, Family
<https://www.ymmc Collaborativepractice.com/> | 587-452-1379
- ☛ **Rebecca Beaulne, Registered Provisional Psychologist**
Flourish Psychology
Population: Youth, Adult, Disordered Eating
www.maxwellmedical.ca | 780-750-8684
- ☛ **Sabina Ragan, R. Psych**
Keystone Child & Family Therapy
Population: Play Therapy, Marriage & Family, Online Counselling
keystonetherapy@telus.net | 7808825749
- ☛ **Salome Jagnanan-Kamphof, R. Psych**
Treeline Psychology
Population: Individuals 6+, Adults, Assessment, Consultation, Education, ADHD Clinical Services Provider, Certified Clinical Trauma Professional
www.treelinepsychology.ca | 587-452-1379
- ☛ **Shaneen Goszulak, R. Psych**
780-880-7665
- ☛ **Tamara Austin, R. Psych**
Psychsmith
Population: Kids to adults. Assessment and counselling. Special interest in ADHD, adults and kids, Voice of the Child assessments psychsmith@hotmail.com 780-972-6672
- ☛ **Tyler Chaisson, Registered Provisional Psychologist**
Mannell Psychological
www.denisemannell.com | 780-715-7211
- ☛ **Wanda Chaulk, Registered Provisional Psychologist**
Mannell Psychological
Population: Child & Youth 6+, Individual, Couple, Assessments
www.denisemannell.com | 780-715-7211



YMM Mental Health Resources Cont'd

- ☛ **Alexis Dryer**, Registered Social Worker, MSW
Population: Child, Youth, Adult, Couple, Family
<https://www.ymmcollaborativepractice.com> | 587-452-1379
- ☛ **Alexis Laird**, Registered Social Worker, MSW
True North Counselling
Population: Child 4+, Youth, Individual, Family
truenorthcounselling@therapysure.com
587-806-5793
- ☛ **Amy O'Reilly**, Registered Social Worker, MSW
O'Reilly Therapy
Population: Child, Youth, Adult
oreilly@therapymail.com | 780-598-7229
- ☛ **Amy Parsons**, Registered Clinical Social Worker
Supervisor, MSW
Boreal Therapy Collective
Population: Child, Teen, Adult, Family
<https://www.borealtherapycollective.ca> | 780-838-5070
- ☛ **Andrea Noseworthy**, Registered Social Worker, BSW
Population: Child, Adult
709-500-2766
- ☛ **Breanna Webster**, Registered Social Worker, MSW
Population: Child, Youth, Family, Couple
<https://www.ymmcollaborativepractice.com> | 587-452-1379
- ☛ **Brenda Smith**, Registered Social Worker, MSW
Pathways Consulting
Population: 18+/Mature Minor, First Responders, Military, Veterans, RCMP/Law Enforcement, Designated Capacity Assessor
<https://www.pathways-consulting.ca> | 780-788-5067
- ☛ **Cara Stapleton**, Registered Social Worker, MSW
Lifesmart Counselling
Population: Individual, Couple
lifesmart124@gmail.com | 780-715-4181
- ☛ **Cindy Medeiros-Conners**, CCC, MACP,
Registered Psychotherapist
Monarch Child & Family Therapy Inc.
Population: Child 6+, Youth, Adult
cindymedeiros@icloud.com | 587-452-0411
- ☛ **Chloe Beedham**, Registered Social Worker, MSW
Population: Ages 12+
chloe@fortmcmurraytherapy.ca | 587-200-4115
- ☛ **Geraldine Denty**, Registered Social Worker, MSW
780-790-0335
- ☛ **Janene Hickman**, Registered Social Worker, BSW
Population: Varied
Janene.hickman@live.ca | 780-972-1650
- ☛ **Jocelyn Morrison**,
Registered Clinical Social Worker, MSW
YMM Collaborative Practice
Population: Child, Youth, Adult, Couple
<https://www.ymmcollaborativepractice.com>
587-452-1379
- ☛ **Judith Friesen**, Registered Social Worker, CCC, MC
Some Other Solutions (SOS)
Population: Child, Youth, Adult, Trauma, Couple
www.someothersolutions.ca | 780-743-8605
- ☛ **Legacy Counselling**
Population: Varied
www.legacycounselling.org | 780-791-3366
- ☛ **Naghma Majmi**, Registered Social Worker, MSW
Access Counselling
Population: Varied
nagma@canadacounselling.com | 780-790-0200
- ☛ **Paula Caines**, Registered Social Worker, MA
Some Other Solutions (SOS)
Population: Youth, Adult, Trauma, Couple
www.someothersolutions.ca | 780-743-8605
- ☛ **Rolando Hyman**, CCC
TIPS
Population: Varied
www.tips4therapy.org | 587-847-0476
- ☛ **Shannon Young**, Registered Social Worker, MSW
YMM Collaborative Practice
Population: Youth, Adult, Individual, Couples, Perinatal & Maternal,
<https://www.ymmcollaborativepractice.com> | 587-452-1379
- ☛ **Susan Konski**, CCC, MC
Population: Child (6+), Individual
780-715-5386
- ☛ **Tammy Lockyer**, Registered Social Worker, MSW
TLC Therapy
Population: Child, Adolescent, Youth, Individual, Adult, Registered Play Therapist (APT, CAPT)
www.tlctherapy.ca | 780-713-8693
- ☛ **Tina Burian**, Registered Social Worker, MSW
Population: Child, Youth, Adult, Trauma, Couple
<https://www.ymmcollaborativepractice.com> | 587-452-1379

Counselling & Psychotherapy

CANADIAN CERTIFIED COUNSELLORS (CCC)

BACHELOR (BSW) OR MASTERS (MSW) LEVEL REGISTERED SOCIAL WORKERS (RSW)



Other YMM Mental Health Related Resources

- 📍 **Lisa Barter**, Nurse Practitioner, NP
<https://junipernaturopathic.com/>
- 📍 **Stephanie Hottentrager**, Nurse Practitioner, NP
<https://www.npnorth.ca/>
- 📍 **Dr. Sam Clouthier**, Naturopathic doctor, ND
<https://junipernaturopathic.com/>
- 📍 **Wood Buffalo Addictions & Mental Health**
Population: Varied, Walk-in
780793-8360
- 📍 **Wood Buffalo Primary Care Network**
(Referral Needed)
<https://wbpcn.ca/programs-services/mental-health/>
| 780-714-2193
- 📍 **Waypoints Outreach Counselling**
780-713-6682
www.waypointswb.ca
- 📍 **Waypoints Sexual Assault Trauma**
780-743-4691
www.waypointswb.ca

Mental Health Help Line 1-877-303-2642

SOS Crisis Line 1-780-743-4357

Kids Help Phone 1-800-668-6868
www.kidshelpphone.ca

Trans Lifeline 1-877-330-6366
www.translife.org

Suicide Prevention Line 1-833-456-4566

Native Counselling Services
<https://www.ncsa.ca/>

First Nations and Inuit Hope for Wellness
1-855-242-3310

EMERGENCY Services 911

**Northern Lights Regional Health Centre
Crisis Team
Switchboard 780-791-6161**

