

Autism Society

Of the Regional Municipality of Wood Buffalo



SOCIETY NEWS

The holidays have come and gone here at the Autism Society and we are so excited to get back to programming!

Over the holidays we took a quick break to relax and take time to spend it with our families. But not before creating a sensory fun Christmas and Winter activity kit for our community members! This kit was filled with games, activities, and recipes for everyone to enjoy.

We are still temporarily working remotely, but in person meetings and our community sensory room are still happening by appointment! For inquiries, please feel free to contact us to set up a time!

Our Missing Piece bins are still being distributed throughout schools and programs and we are so excited to see this program expand and be utilized! We are also excited to see our kids return from Christmas as our Social Respite program started up after a quick reset on January 13th! We have lots of fun activities for the kids to do and we want to give a shout out to our Regional Library for creating AMAZING sensory kits and lettngs us have some!!

Thanks to everyone for your continued support! Your support is what helps us become a more inclusive and welcoming community.

Vision

We envision a centre in RMWB that will be recognized as the primary provider of support and services in our community and surrounding areas. Every person will have access to a center that provides the ability to bridge the gap between families, professionals, education support and assessments. Our goal is to guide families and individuals to the supports needed at each stage of their life.

Mission

We strive to accommodate a support network that fosters an inclusive community by providing information, supports, awareness and programs to all those in our community affected by ASD and other barriers.

Values

- Support an inclusive community by respecting people, valuing diversity, and a commitment to equality
 - Raising awareness and understanding to create acceptance in the community
 - Empowering individuals to achieve their goals
 - Inspiring optimism in the community
- Provide an emotionally safe and supportive setting.

Contact us!

Lower level of the Local 707A UNIFOR Building
21B-10019 MacDonald Ave,
Fort McMurray, AB
T9H 1S9

Phone: 587-452-9334

Email: autismsupport@autismrmwb.org

Website: www.autismrmwb.org

Follow us on Facebook, Instagram,
and Twitter!



@autismRMWB

Sensory Store



From birth to adulthood, sensory play is a fundamental source to brain development. Children learn basic functions through using their senses to explore the world around them. We take this knowledge with us into adulthood and use it every day without actually knowing. Sensory play includes activities that stimulate a child's touch, smell, taste, sight, and hearing as well as helps with gross motors skills like balancing and movement. Come check out our sensory store for items that will help stimulate all of those senses!!

Visit our Facebook page and click on "Shop now" to access our sensory store!
<https://www.facebook.com/AutismRMWB>

OR [Click here](#) to Access our Sensory Store Catalogue!



Thank You to Our Sponsors!



Programs and Fundraisers



ONLY \$100 PER CARD

FORT MEMMURRAY GOLF CLUB

2021 CARD

2021 PLAYERS

2021 Card Holders Receive the following:

- Free Round of Golf in July or August (\$109 value)
- \$50 Green Fee (\$109 value)
- \$50 Green Fee (\$109 value)
- 25% Off Dinner & non-alcoholic beverages for up to 4 people
- 25% Off Lunch & non-alcoholic beverages for up to 4 people
- 25% Off Breakfast & non-alcoholic beverages for up to 4 people
- Large Bucket of Range Balls (\$20 value)
- Large Bucket of Range Balls (\$20 value)

over \$350

Purchase yours today exclusively from one of these community groups selling the cards:

The New Fort McMurray Monarchs Football Club - monarchsvp@hotmail.com
 Fort McMurray Roller Derby League - treasurer@rollerderby.com
 Westwood High School Athletics - cscrg_upper@fhsd.ab.ca
 Fort McMurray Referees Association - rcfort2020@gmail.com
 Friends of Jags YMM - FriendsOfJagsymm@gmail.com
 Fort McMurray Christian School - society.fmcsc@gmail.com
 US Storm Minor Hockey - apmlmepherson34@yahoo.com

www.fortmcmurraygolfclub.com

2021 Player \$350 Value for \$100!!

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** To purchase please click on the link below or visit our sensory store!

<https://autismrmbw.org/fundraising-opportunities/>

COMMUNITY SENSORY ROOM

A Multi-Sensory Room is a space where the primary senses are stimulated through the use of sensory based materials. Our Sensory Room is a safe environment to engage in a range of sensory experiences such as fibre optics, bubble tube, music, colour, lighting and aromas.

OPEN MONDAYS and WEDNESDAYS

Our Community Sensory Room is open by appointment only during COVID-19. Numbers are limited to 3 people per session (no unsupervised children) and COVID-19 screening MUST be completed before entry.

45-minute time slots can be booked through our website by emailing jennal@autismrmbw.org or by calling 780-215-4908

218 - 10019 Macdonald Ave. (inter, lower level) **AUTISM SOCIETY**

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Community Sensory Room

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Our Community Sensory Room is open to the public by appointment only, days and times may change. Please contact Jenna at jennal@autismrmbw.org to book a timeslot!

Don't forget to check out our Facebook page and our Website for all up to date information and events!

Upcoming Info Sessions

CO-OCCURRING MENTAL HEALTH CONDITIONS and AUTISM SPECTRUM DISORDER

JAN. 28, 2020
4:30 - 6pm MST
(3:30 - 5pm PST)

ABOUT THE PRESENTATION
This presentation will address mental health conditions that often accompany autism. Individuals with autism are at risk for developing and/or being misdiagnosed as having a variety of mental health challenges that include anxiety, ADHD, OCD, depression, personality disorders, and schizophrenia spectrum disorders. Clinical presentations of these co-occurring conditions will be outlined during this webinar, as well as support options.

ABOUT THE SPEAKER
Dr. Sheldene Smith, PhD, from the University of Toronto, has worked extensively with individuals on the Autism Spectrum for the past 20 years in Toronto and Vancouver. He is trained as a Qualified Teacher affiliated with the British Columbia Autism Assessment Network and provides workshops, training, and presentations regarding ASD and mental health.

CLICK HERE TO REGISTER FOR THIS FREE EVENT!

Upcoming session on Jan. 28th "co-occurring Mental Health Conditions and Autism Spectrum Disorder" hosted by Autism Yukon partnered with AIDE Canada. Click on the poster to register!

SELF-DETERMINATION ACROSS THE LIFESPAN

SELF-DETERMINATION IS THE PROCESS BY WHICH A PERSON CONTROLS THEIR OWN LIFE. It includes the use of thinking and making decisions about what you want and why. It is important to understand the benefits of self-determination and how to use it to make choices that lead to a better quality of life.

THE WORKSHOP WILL DISCUSS: SELF-DETERMINATION STRATEGIES FOR VARIOUS STAGES OF DEVELOPMENT; THE "ONE PAGE PROFILE"; A TOOL TO ASSIST WITH SELF-DETERMINATION IN A VARIETY OF SETTINGS.

FREE EVENT! FEB. 9 (10:00 AM - 12:00 PM) **CLICK HERE TO REGISTER**

Presented in Partnership with **aide** CANADA

Upcoming session on Feb. 9th "Self Determination Across the Lifespan" hosted by Center for Autism Services Alberta Partnered with AIDE Canada. Click on the poster to register!

Sponsorship Opportunity!



We would greatly appreciate your sponsorship of next summer's Camp Kids First. In sponsoring the camp, you will be assisting the payment of a child attending camp, the cost of covering a field trip, or the cost of a professional attending camp to teach a workshop (dance, yoga, art etc.). We can provide recognition of your name and/or institutional affiliation on our camp t-shirts (worn by all staff and youth attending), on social media and all promotional materials through one of the following levels:

1. Gold Level (\$999 +)

- Assists us pay for Camp t-shirts (bright colours for safety purposes) (60 children + 60 staff = \$3500)
- Helps pay for our seasonal storage locker to keep our Camp equipment safe (\$1800)
- Provides staff training in Nonviolent Crisis Intervention (6 staff = \$1200)
- Assists us pay facility rental and utilities (1 week = \$800/\$1000)

2. Silver Level (\$500 to \$999)

- Covers the cost of a one-to-one support worker for a child with complex or high medical needs (\$780)
- Pays for 10 children to experience a River Boat Tour of the Clearwater River (\$800)
- Covers entrance fees to one local attraction (Heritage Park, Oilsands Discovery Centre, etc.) for ten children (60 children = \$700/\$900)

3. Bronze Level (\$20 to \$499)

- Sponsor's one child's camp fees for a week at Camp Kids First (1 child = \$200)
- Pays for a yoga instructor/music teacher/dance instructor session (10 kids = \$200)
- Assists us to pay for camp materials such as craft supplies, baking ingredients, sensory toys, etc.

To serve as a sponsor for the 2021 Camp Kids First, you can...

- ⇒ Mail us a cheque to 21B-10019 Macdonald Avenue, Ft McMurray, AB. T9H 1S9. Please make your cheque payable to: Autism Society of the Regional Municipality of Wood Buffalo
- ⇒ EMT us at autismsupport@autismrmwb.org
- ⇒ Donate through our website: <https://autismrmwb.org/donate/>

Please email or call our Program Director directly if you have any questions and thank you very much for your support!
Tax receipts are available for all donations over \$20.

Paula Bowen

Program Director -Autism Society of the RMWB

campkidsfirst@autismrmwb.org

780-531-5777

